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The Tanning Butler

The Anantara Spas in the Maldives have come up with the perfect plan for those who want to return from their exotic beach getaway with a sun-kissed glow, but without having risked a sunburn or the sun damage that can go along with it. (And, if you want to avoid a tan, this will work for you too.) When you arrive, you'll head into the spa for a scrub and wrap, "to exfoliate and prepare the skin for an even tanning," says Spa Director Aye Mon Yee.

The spa therapists will assess what SPF you will need and how often it will need to be reapplied throughout the day. If you book a full day package, the COOLA Organic Sun-care will be applied by a spa therapist, every three hours, in a special COOLA Sun Spa Cabana by the pool, and you will also receive an after sun treatment in the spa using a face serum and body lotions "to help maintain the tan," says Yee. anantara.com —Lily Nikolai